

Eligibility

ADS Case Management clients are age 18 and older. Screening and referral for case management services are provided through the Information & Assistance programs, and the State DSHS Home and Community Services.



Common challenges include managing chronic medical conditions and medications, maintaining personal hygiene,

shopping, getting in and out of bed or a wheelchair, transportation, and decision-making. Behavioral and emotional conditions that threaten a person's ability to remain independent and the availability of a support system (family, friends, or neighbors) are also considered when developing a plan of care.



To inquire about case management services, contact:

Senior Information & Assistance
206-448-3110 or 1-888-4ELDERS

211 Community Information Line
(for adults with disabilities & adults under age 60)
206-461-3200 (M-F 8-6) or 206-461-3222 (after hours)

African American Elders Program
206-328-5639

Asian Counseling & Referral Service
206-695-7600 (Asian languages)

Chinese Information & Service Center
206-624-5633 (Chinese dialects)

Evergreen Care Network
425-899-3200

Jewish Family Service
206-861-3152 (Eastern European immigrants)

Neighborhood House
206-461-4522 (East African and Southeast Asian languages, and Russian)

SeaMar Community Health Center
206-763-5210 (Spanish)



700 Fifth Avenue, 51st Floor • PO Box 34215
Seattle, WA 98124-4215
Tel: 206-684-0660 • TTY: 206-684-0702
aginginfo@seattle.gov

www.agingkingcounty.org



Case Management Program



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Case management services help people remain living in their own homes.

The Aging and Disability Services (ADS) Case Management Program provides in-depth assistance to adults who have significant health and social needs. Case managers conduct in-home assessments and consultations, and develop and implement service plans that addresses individuals' needs.

Case managers have regular follow-up contact with clients and service providers to ensure that the clients' situations have stabilized. Short-term counseling is provided if needed.

Home-based Services

COPES and Medicaid Personal Care funded services support individuals who are unable to independently perform several activities of daily living. Services are authorized by a case manager and include assistance with dressing, bathing, eating, toileting, and transferring. Limited household services are also available to maintain individuals in a safe and healthy environment, as well as assistance locating affordable housing, home-delivered meals, and medical equipment.

Building-based Services

ADS works in partnership with the Seattle Housing Authority to address the needs of both younger residents with disabilities who do not qualify for other ADS services and elderly SHA residents whose independent living skills are not sufficient for successful tenancy.



Case managers provide residents with a broad range of support and access to community services that enable them to live as self-sufficiently as possible, avoid unnecessary relocation to long-term care facilities, or being evicted.

Nurse Consultation

Aging and Disability Services RNs focus on high-risk clients who have medically-complex and unstable health conditions.

Nurses refer clients to appropriate services and coordinate with health care



professionals. The frequency and amount of service is based on individual need that is defined by eligibility and client assessment.

Mental Health Services

Psychiatric consultation support is available to case managers working with clients who may be resistant to receiving formal mental health services and for clients with substance abuse issues. If requested, a home assessment may be conducted by the psychiatrist.

PEARLS

When appropriate, case managers refer clients with depression for PEARLS counseling. PEARLS helps older adults engage in problem-solving to manage depression and live active, more rewarding lives.