

Advisory Council on Aging and Disability Services

Creating choices for elders and adults with disabilities in Seattle-King County

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www.adsadvisorycouncil.org

MONTHLY MEETING

NOVEMBER 17, 2017

MEMBERS PRESENT

City of Seattle	King County	Public Health/United Way
<input checked="" type="checkbox"/> Molly Holmes	<input type="checkbox"/> Mayor David Baker, Kenmore	<input type="checkbox"/> Marsha Andrews
<input type="checkbox"/> Debra Juarez, Sea City Council	<input type="checkbox"/> Bev Heyden	<input checked="" type="checkbox"/> Jenny Becker
<input checked="" type="checkbox"/> Florence Klein	<input type="checkbox"/> Carolyn Heersema,	<input checked="" type="checkbox"/> Tom Minty
<input type="checkbox"/> Kathe Matrone	<input checked="" type="checkbox"/> Cindy Snyder	<input checked="" type="checkbox"/> Lorna Stone
<input type="checkbox"/> Mac McIntosh	<input checked="" type="checkbox"/> Dick Woo	<input type="checkbox"/> Sue Weston
<input checked="" type="checkbox"/> June Michel	<input checked="" type="checkbox"/> Ava Frisinger, SCOA Rep	<input checked="" type="checkbox"/> Diana Thompson- pending
<input checked="" type="checkbox"/> Sue Shaw	<input checked="" type="checkbox"/> Dave Rogers	<input type="checkbox"/> Andrea Sawczuk - pending
<input checked="" type="checkbox"/> Larry Low	<input type="checkbox"/> Irma Farsch	<input type="checkbox"/>

Excused Absence	Debra Juarez, Marsha Andrews, Carolyn Heersema, Kathe Matrone, Sue Weston, Mac McIntosh, Irma Farsch, Bev Heyden, David Baker
Guests:	Cynthia Winters, Mattie Taplin, Dr. Brenda Jackson, Marilyn Brink
Staff	Gigi Meinig, Maria Langlais, Andrea Yip, Angela Miyamoto, Terry Ann Lee, Allison Boll, Lori Sanford, Charisse Jordon, Amada Bates, Lori Mina, Irene Stewart
Speaker	Jess Chow, Charles Schrag
United Way Staff	
King County Staff	Scott Ninneman
Public Health	Mary Snodgrass
City of Seattle	Cathy Knight

Welcome and Introductions – Ava Frisinger

Minutes were approved as written

**Advisory Council Program:
Seattle Navigation Center, International District**

Presenters:

- Jess Chow, City of Seattle Planner and Project Lead for the Navigation Center
- Charles Schrag, Manager, International District Navigation Center

What is a Navigation Center?

The concept of the Navigation Center started after Seattle began their research into shelter alternatives with a goal to “*offer homeless people basic needs and supportive services and case management to quickly move people into permanent housing.*” Seattle’s current Navigation Centers most closely resemble San Francisco’s low barrier models.

The International District Navigation Center located in the Pearl Warren Building cost \$2.1 million to build and includes 75 beds in a 20,000-square foot space. DESC received the contract to operate the center with 24 full time employees who provide, in addition to operations, on-site case management, life skills counseling, substance abuse and mental health services, and access to employment opportunities.

Unlike regular drop-in shelters with many barriers, all genders are welcome, residents may bring their spouses/partners, possessions and pets. There is no curfew, meals are available through Operation Sack Lunch. Referrals to the program are made through the REACH Navigation Team. People living outside are given priority.

Who lives there?

- 116 people
 - 20 couples
 - 10 dogs
- Most are 45-54 years of age, only 2 are older than 62 years of age.
- 55% are disabled, of those:
 - 30% are physically disabled
 - 50% have Mental Health issues
 - 50% have substance abuse issues
- 53% were chronically homeless and lived 1-3 years outside
- Poor rental history
- Lack an ID card, and other documentation making it difficult to receive benefits
- Income
 - 60 out of 116 residents have \$0 income
 - 30 have \$1 - \$10,000
 - 5 have greater than \$20,000
- Race
 - 17% Native American
 - 5% Native Hawaiian
 - 36% African American
 - 34% White

Evaluation

Data is gathered as new residents enter the system. The University of Washington is following 35 people over 13 months. They found a 60-day stay is not long enough for people to transition to more permanent housing and there is a bottleneck to placing people in permanent supportive housing. People are prioritized based on how long they have been in the system, substance abuse and mental health issues. Only 6-10 units of supportive housing turn over each month yet 1600 people have been scored and are eligible for permanent supported housing.

Business Meeting

Minutes: Were approved as written.

Officer Election

A motion was passed to accept the Nominating Committee's recommended slate of officers.

- Ava Frisinger, Chair
- Dick Woo, Vice Chair
- Secretary, Cindy Snyder
- At Large, Dave Rogers

Retreat: Friday, January 12 from 8:30 to 3:00 PM at El Centro d la Raza 2524 16th Ave S, Seattle, WA 98144

Partner Updates

- Scott Ninneman, King County DCHS
Veterans Seniors and Human Service Levy was approved by 68% of the voters. King County is beginning the implementation phase of the plan.
- Mary Snodgrass, King County Public Health,
encouraged Advisory Council members to make their opinion known by attending the following VSHSL community meetings <https://www.eventbrite.com/o/king-county-dchs-2646454406> and or complete the online survey at <http://www.kingcounty.gov/depts/community-human-services/initiatives/levy/VSHSLPlanning.aspx>

Public Health continues to monitor the proposed congressional tax plan to determine how some of the proposals will affect programs and local costs.

Planning and Allocations Committee

No meeting. The committee is taking a sabbatical until January.

Advocacy Committee

Ava reported the Advocacy Committee heard a presentation from planning and direct service ADS staff about the Medicaid Transformation Project and Family Caregiver program. They provided client examples which illustrated client challenges and success stories.

State Council on Aging

Ava Reported the SCOA priorities including:

- Information and Assistance Dementia Action Collaborative
- Medicaid hearing and vision

- Expansion of Health Homes
- Support and continuation of JLEC
- Medicaid Transformation Project
- Guardianship support
- Case Management staff ratio
- Long-term Care Ombudsman Program
- Homeless seniors
- Transportation outside the network

NW Universal Design

Tom Minty reported the NW Universal Design Council had the opportunity to look back on the history and background of the council at the September meeting.

Mayor’s Council of African American Elders (MCAAE) meets the third Friday of every month. Mattie Taplin Chair of the MCAAE reported:

- Dr. Jim DeMaine, presented “Our Lives our Choices”, at the SE Seattle Senior Center on September 21.
- The African American Caregiver forum in October was a success.
- “HIV is Ageless” was well received at the Rainier Beach Community Center
- Brenda Charles is the 2018 MCAAE chair.

Age Friendly

Irene Stewart reported on three Age Friendly events:

- November 6 - Older Women’s Equity Forum. 200 people attended including electeds and policy makers. The lightening talks sparked conversation and lots of new ideas among the participants.
- September 22-24 Civic Technology Hackathon. Three teams won the \$10,000 prize for: 1) Better Smell, 2) Better View, and 3) Most Direct Route. An APP could be out soon.
- September 20 – Pedestrian Potluck Jefferson Park was a success lots of neighborhood folks turned out for this fun event.
- As part of the Age Friendly action plan the committee is working with the KC assessor’s office to get the word out about the senior property tax exemption.

Director’s report - Cathy Knight

- November is National Caregiver month. The Medicaid Transformation waiver will expand services to many family caregivers.
- November is Native American Heritage Month
- There is concern from the National Association of Area Agencies on Aging about the proposed tax plan which would take away health care through the “backdoor”. A simple majority is all that’s required to pass it.

Announcements:

- Art of Alzheimer’s Cookbook \$15, a great Christmas gift. June Michele will deliver checks to Marilyn Raichle.
- Senior Holiday Party - Dec 4 at the Sheraton from 2-4:30. Live Music, food – Larry Low
- Senior Lobby – February 22nd. June Michele asked: “If you are planning not to attend the Senior Lobby in February, please recycle your blue scarf with Gigi.

Adjourn –

2:00 PM

NEXT REGULAR MEETING:

December 8, 2017

Seattle Municipal Tower

700 5th Ave, Room 4060

Seattle, Wa

<http://www.agingkingcounty.org/advisory-council/>