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## AGING & DISABILITY SERVICES SPONSORS MEETING

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**TO:** ADS SPONSORS MEETING PARTICIPANTS  
**FROM:** MAUREEN LINEHAN, ADS DIRECTOR  
**RE:** APRIL 28, 2016 SPONSORS MEETING  
**DATE:** APRIL 26, 2016

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ADS Sponsors Meeting  
April 28, 2016  
12:30 – 2:00 p.m.  
**Location Change**  
Chinook Building  
401 5th Ave, Conf. Room 514

- |                        |   |
|------------------------|---|
| Information<br>5 min.  | 1. Introductions – Catherine Lester, City of Seattle, Chair   |
| Decision<br>5 min.     | 2. Review and Acceptance of January 22, 2016 Sponsors Meeting Minutes Attachment I                  |
| Decision<br>10 min.    | 3. Review and approval of 2015 Area Plan Report Card – Karen Winston and Andrea Yip – Attachment II |
| Information<br>10 min. | 4. Advisory Council Report – Andrea Yip and Molly Holmes  |
| Information<br>10 min. | 5. ADS Director’s Report – Maureen Linehan  |
| Discussion<br>15 min.  | 6. Health Care Reform, Health Homes – Maureen Linehan   |
| Information<br>15 min. | 7. Age Friendly Communities – Maria Langlais  |
| Discussion<br>15 min.  | 8. Sponsors Retreat Follow-up   |

Persons wishing to provide comments please call Aging & Disability Services at 206 684-0648.  
Thank you.

Aging & Disability Services  
Mailing address: P.O. Box 34215, Seattle WA 98124-4215  
Office address: Seattle Municipal Tower, 700 5<sup>th</sup> Ave, 51<sup>st</sup> floor, Seattle 98104

SEATTLE-KING COUNTY AGING & DISABILITY SERVICES  
SPONSORS' MEETING MINUTES

DATE: January 22, 2016, 4:00 – 5:00 p.m.

PLACE: Seattle Municipal Tower  
700 5<sup>th</sup> Ave., Room 4070  
Seattle, WA 98104

**DRAFT**

PRESENT: Sponsors/Liaisons:

Terry Mark for Adrienne Quinn, King County  
Sara Levin, United Way of King County  
Linda Wells, King County

Staff:

Maureen Linehan, ADS Director  
Maria Langlais  
Jane Crum

**WELCOME AND INTRODUCTIONS**

The meeting was called to order by Terry Mark, Chair. Terry welcomed the meeting participants and a round of introductions followed.

**REVIEW AND ACCEPTANCE OF THE DECEMBER 7, 2015 SPONSORS MEETING**

The minutes of the December 7, 2015 meeting were adopted with one revision. The edit in the Advisory Council Report agenda item is indicated with the strike-out in the following sentence: Andrea Yip reported that in lieu of an October Advisory Council meeting, ADS staff and Advisory Council members ~~and King County Liaison Linda Wells~~ participated in two statewide events. The annual Senior Lobby conference was held on October 28 and the State Council on Aging meeting was held on the following day, October 29, 2015.

**ADVISORY COUNCIL REPORT**

Advisory Council Chair, Molly Holmes asked Andrea Yip to convey her regrets that she could not be at the meeting today. She prepared speaking points for Andrea of the items she would have included in her report.

The ADS Sponsors participated in the December Advisory Council meeting to acknowledge the excellent work of the members and to express appreciation for the years of service of the outgoing members as they retired from the Council. The newly elected officers were introduced: Molly Holmes, Chair; David Baker, Vice Chair; Sue Shaw, Secretary; Marsha Andrews, Member At Large. Marsha has also been nominated as Chair of the Mayor's Council on African American Elders.

The January 8, 2016 Advisory Council Retreat held at Tukwila Community Center was an outstanding event with approximately 30 people in attendance. The day included an excellent Power Point presentation that covered ADS vision, structure (staff functions, ADS budget, ADS Area Plan and how it fits into the work of the Advisory Council) and a session on Building

Community, affecting change and promoting advocacy facilitated by Kavan Peterson, author and Co-Founder & Editor of ChangingAging.org. Kavan Peterson proposes that aging be looked at much differently – as an exceptional part of life that offers new opportunities, instead of in a negative way. A working session using Liberating Structure tools with facilitators Charley Haley and Kristen Barton helped the members begin to identify 2016 goals, appropriate structures and supports to meet the goals.

Molly also made note that prior to January Advisory Council members had twelve meetings with Legislators making the three requests: 1499 S-2, more protection for vulnerable adults: Medicaid coverage for hearing aids, and the Care Act.

In December, Seattle City Councilmember Sally Bagshaw, chair of the Human Services and Public Health Committee met with the Advocacy Committee and asked for regular updates and recommendations from the Council. During the Sponsors meeting it was discussed that the City Council appointee to the Advisory Council will be Debra Juarez. The Advisory Council and ADS staff look forward to the support of both Councilmembers Sally Bagshaw and Debra Juarez.

Andrea briefed the Sponsors that Molly Holmes, as Chair of the Advisory Council, would like to see individual members better connect to important issue areas, especially housing and transportation. These members could report regularly to the AC. This concept would be modeled after the examples of what Sue Shaw did for the disabilities community and Diana Thompson does for the hearing impaired.

On January 11<sup>th</sup>, United Way convened a discussion with HSD, ADS Advisory Council representation, Senior Services and the Downtown Emergency Services Center to talk about opportunities to connect the homeless and older adult systems.

At the Sponsors meeting Sara Levin asked how to convene an ad-hoc meeting with Advisory council members to glean further insight on the needs of the community. Andrea suggested Sara give her available dates and ADS staff will convey the invitation to Advisory Council members.

## **THE AGREEMENT**

The discussion regarding the Aging and Disability Services, Seattle-King County Area Agency on Aging sponsorship agreement has led to the decision to set time apart for concentrated thinking and decision making on the future structure of the agency. Any edits, regardless of small or large would require the political process of obtaining signatures of the Mayor of Seattle, the King County Executive and the President of United Way. The intensive conversation will begin with what is called a Sponsors Retreat.

## **RETREAT PLANNING**

The Sponsors recommended a three hour session to launch the intensive conversation of the role of the Sponsors, leadership, governance and board composition of the ADS Sponsorship Agreement. The purpose is to advance the goal of becoming a more effective and representative regional agency. Discussion continued regarding facilitator and invitees.

## **AGE-FRIENDLY COMMUNITIES**

Maria Langlais led the follow-up discussion on Age-Friendly Communities from the last ADS Sponsors meeting. Age-Friendly Communities is a designation by the World Health Organization. Through this designation process, Aging and Disability Services, the Area Agency on Aging for King County, seeks to engage regional leaders in creating a community that maximize opportunities for people of all ages and abilities. Age-friendly framework addresses the environmental, economic and social factors that influence the health and well-being of older adults. HSD/ADS leadership is pursuing the interest of the Seattle City Council, the Mayor of Seattle and the King County Executive through ADS Sponsor representative Terry Mark. Terry has approach the Executive's Office regarding this topic. A regional age-friendly partnership in this designation would strengthen the proposal and the outcomes. Tackling regional issues such as transportation and other cross-jurisdiction services are necessary to fully create an Age Friendly region. A briefing is scheduled with Seattle City Council Human Services and Public Health Committee on March 23. Maureen has participated in a tour of the Portland, Oregon Age-Friendly operation. In their model, the City of Portland came on board first, then an overlaying agreement with Multnomah County followed. Timing with varying entities can be complex and is taken into consideration in the Sponsors' discussions.

## **DIRECTOR'S REPORT**

Maureen Linehan gave a brief summary of the many activities underway in ADS.

- Andrea Yip did a stellar job in preparing the Medicaid Case Management RFQ. ADS is looking for 1 to 3 new providers to cover the geographic east side of King County with Medicaid Case Management services that Evergreen Care Network has been providing for years.
- Maureen gave a brief update on the ADS Case Management Program. In 2015 there was a 20% turnover for various reasons but primarily because of the State funding situation. The program is now almost fully staffed and stabilizing.
- Andrea Yip, ADS lead, submitted a MIDD (Mental Illness and Drug Dependency) concept paper in coordination with Sherry McCabe of the Department of Community and Human Services. The concept name is Coordinated Care for High Risk Older Adults and Adults with Disabilities. ADS serving as the Area Agency on Aging proposed a team based model to coordinate care across systems for older adults and people with disabilities who reside in King County. Building on the success demonstrated by the King County Care Partners (KCCP) pilot program, this model would provide a community-based, multidisciplinary team to facilitate communication and coordination between systems and utilize evidenced based approaches to support older and disabled adults with behavioral health issues in making positive and suitable choice for their health and well-being.

- The Medicaid 1115 global waiver contains a family caregiver component for those who meet Medicaid eligibility. ADS staff helped develop ten concept papers in coordination with the Washington Area Agencies on Aging Association and DSHS/Aging and Long-Term Support Administration to address the waiver's #1 strategy.
- Maureen briefed the Sponsors on efforts underway to establish Health Home Programs in King and Snohomish Counties. This service provides intensive care coordination to manage health care and long term care needs of dual eligible Medicare and Medicaid clients. A 6% health care savings is expected. A State Legislative hearing was recently held. After a decision is reached ADS will determine if the rate is sufficient to support the service in King County.

Maria Langlais reported that a meeting is scheduled with the King County Assessor John Wilson regarding working together to raise awareness and increase participation in the property tax exemption program. The goal of the meeting is to identify ways the Area Agency on Aging can partner with the King County Assessor's Office to increase awareness of and participation in the senior property tax exemption program. Housing affordability is a huge concern for older adults in King County, and a priority for the ADS Advisory Council.

The meeting was adjourned at 4:55 p.m.

Summary prepared by Jane Crum, City of Seattle



## City of Seattle

Edward B. Murray, Mayor

### Human Services Department

Catherine Lester, Director

Attachment II

April 26, 2016

**TO:** ADS Sponsors  
**FROM:** Karen Winston  
Planner - ADS  
**Subject:** **Draft 2015 Area Plan Report Card**

ADS is pleased to provide you with the attached draft 2015 Area Plan Report Card. The Report Card highlights staff activities and accomplishments made on 2015 Area Plan objectives. This will be the final report regarding the 2012-2015 Area Plan.

The draft Report Card has been reviewed and approved by the Advisory Council. Following your approval, it will be forwarded to the State Unit on Aging and posted online with the 2016-2019 Area Plan for public viewing.

I look forward to your meeting on Thursday, April 28. Should you have any questions about the Report Card before then, please let me know.

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#### Aging and Disability Services

PO Box 34215, Seattle, WA 98124-4215

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**The Area Agency on Aging co-sponsored by**



City of Seattle



United Way of King County



King County

# 2015 REPORT CARD

2015 Goal	2015 Final	✓	2015 Objectives and Comments
<b>Goal 1: Improve health care quality for older adults and adults with disabilities.</b>			

<p><b>13</b> Dyads per year 2012-2015</p>	<p><b>5</b></p>	<p><b>38%</b></p>	<p>Participate in a translational study of the Reducing Disabilities for people with Alzheimer’s Disease (RDAD) in-home exercise and problem-solving therapy model for Alzheimer’s patients and their family caregivers. 2011 Baseline: 0 clients.</p> <p>2015 Accomplishment: 5 Dyads (i.e. A caregiver and person with Alzheimer’s or dementia).</p>
<p><b>80</b> Clients (including veterans and spouses)</p>	<p><b>67</b> Improved or maintained</p>	<p><b>89%</b></p>	<p>Maintain the number of older adults, including veterans/spouses, who show improvement in their level of minor depression as measured by the PHQ-9 assessment tool.</p> <p>Out of the 75 clients, 67 improved or maintained; 89% improvement rate; 26 were veterans/spouses (out of 30).</p>
<p><b>4</b> - Hospital briefings;  Reduce hospital readmission by <b>40%</b>  <b>240</b> Healthy Options clients;</p>	<p><b>8</b> - Hospital briefings;  Reduce hospital readmission by <b>36%</b>  <b>265</b> Healthy Options clients;</p>	<p><b>100%</b></p>	<p>Strengthen relationships with area hospitals and health care providers, and provide care transitions coaching and other interventions, to support reduction of unnecessary hospital readmissions.</p> <p>During 2015, a) ADS staff completed eight presentations, including one community meeting. ADS coordinated a their 4th care transitions conference, "The Waves of Change in Health Care" on 6/4/15 in Renton with 200 participants from 66 organizations. The keynote address ("Whole-Community Cooperation and Health by Design") was presented by Dr. Marc Pierson. The five conference themes were self-management, patient-centered care, medication reconciliation, palliative care and hospice, and health equity; b) There were 265 Healthy Options clients referred by CHPW; c) There were a total of 15 LTSS Care Transition referrals with a 36.3% completion rate.</p>
<p><b>14</b> Workshops</p>	<p><b>10</b> Workshops</p>	<p><b>71%</b></p>	<p>Expand CDSMP workshops in King County to include limited English-speaking immigrant communities. Coordinate and support local CDSMP Providers Network.</p> <p>Ten workshops in Chronic Disease Self-Management Education/Diabetes Self-Management Education (CDSME/DSME) were held by CDSMP network partners, including workshops with Chinese speaking populations and workshops offered by African Americans Reach and Teach Health (AARTH).</p>
<p>Contract with at least two managed care organizations</p>	<p>Application withdrawn</p>	<p><b>0%</b></p>	<p>Participate in HealthPath Strategy 2 by providing health home and long-term care services, network management, and other negotiated services.</p> <p>On January 28, 2015, the Health Care Authority was notified that one of the two HealthPath WA health plans, Community Health Plan of Washington, had decided to withdraw its participation. After consulting with federal partners, HCA and DSHS decided to discontinue implementation of the capitated managed care project for Medicare &amp; Medicaid dual eligible.</p>

## AREA PLAN UPDATE ON AGING FOR SEATTLE-KING COUNTY 2014–2015

2015 Goal	2015 Final	✓	2015 Objectives and Comments
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### Goal 1: Improve health care quality for older adults and adults with disabilities.

<b>1</b> Presentation per year	<b>3</b> Presentations	<b>100%</b>	<p>Increase awareness about fall risk among community-dwelling older adults by conducting falls prevention presentations to ADS staff and other relevant healthcare professional groups.</p> <p>ADS staff conducted a falls prevention presentation at three senior housing residences during the month of September for Falls Prevention Awareness Day/Week, including Sno Ridge Senior Apartments in North Bend, WA, September 15; New Haven Apartments in Bitter Lake, September 23; and Bellwether Place Apartments in North Seattle, September 22. An article entitled “Taking a Stand to Prevent Falls” appeared in AgeWise King County (<a href="http://goo.gl/3a46ll">http://goo.gl/3a46ll</a>).</p>
<b>10</b> Consultations per year	<b>5</b> Consultations	<b>50%</b>	<p>Partner with the Harborview Falls Prevention Clinic to conduct monthly consultations about clients with a six month or greater history of falls.</p> <p>During 2015, Dr. Elizabeth Phelan, founding director of the Fall Prevention Clinic at Harborview Medical Center, conducted 5 consultations with ADS case managers.</p>
<b>3</b> Dental clinics in Senior Centers <b>24</b> clients served	n/a	<b>0%</b>	<p>Partner with the Mobile Dental Clinic to target eligible case management clients at-risk for poor oral hygiene.</p> <p>No activity to report in 2015. Funding expired for this project during 2014.</p>

### Goal 2: Address Basic Needs.

<b>80%</b> of components implemented	Implementation completed	<b>100%</b>	<p>Expand existing Information &amp; Assistance (I&amp;A) service delivery system to implement core components of ADRCs: <b>1)</b> Information, Referral, and Awareness; <b>2)</b> Options Counseling and Assistance; <b>3)</b> Person Centered Transition Supports; <b>4)</b> Streamlined Eligibility (Access) Determination; <b>5)</b> Consumer Populations, Partnerships and Stakeholder Involvement; and <b>6)</b> Quality Assurance and Continuous Improvement.</p> <p>Information and Assistance (I&amp;A) was expanded in 2015 to encompass 80% of the core components of Community Living Connections, Washington’s ADRC program including a new central phone line, streamlining access to services. Twelve agencies provide information and support to clients in the community with seven agencies providing options counseling. Two lead agencies facilitate opportunities for community partners and other stakeholders to convene with the intent of improving the service delivery system.</p>
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## AREA PLAN UPDATE ON AGING FOR SEATTLE-KING COUNTY 2014–2015

2015 Goal	2015 Final	✓	2015 Objectives and Comments
<b>Goal 2: Address Basic Needs.</b>			
Increase access by <b>10%</b> from 2014	0	0%	<p>Increase the number of King County older adults and people with disabilities who use Washington Connection, either directly or with the help of I&amp;A/ADRC advocates, to complete applications for benefits. 2012 Baseline: Applications for benefits for ages 60+ - 6,996 direct and 1,165 community partner.</p> <p>ADS was unable to obtain data to update this objective.</p>
<b>80%</b> non-eviction rate	<b>97%</b> non-eviction rate	<b>100%</b>	<p>Maintain the percentage of eviction prevention services that result in maintaining SHA residency for seniors and adults with disabilities.</p> <p>281/291 SHA residence were able to maintain their homes with eviction prevention services. SHA staff surpassed the 80% goal with a 97% eviction success rate.</p>
5% increase <b>\$2,677,397</b>	<b>\$2,811,267</b>	<b>100%</b>	<p>Advocate maintaining funding for neighborhood transportation options, including community shuttles and volunteer transportation, to keep pace with population growth.</p> <p><b>2015 Goal</b> (5% increase): \$2,811,267; <b>2015 Actual</b>: \$3,119,775 Method: ADS annual transportation funding + one-half of biennial Special Needs Transportation funding allocated to projects serving King County by PSRC and WSDOT. Source of confirmed figures: ADS and PSRC.</p>
<b>Ongoing</b>	Ongoing staff education	✓	<p>Partner with the King County Asset Building Collaborative (KCABC) to promote financial literacy education for people of all ages to build financial literacy, promote economic self-sufficiency, and prepare for retirement.</p> <p>Periodically distributed information about financial empowerment trainings and opportunities to ADS staff. The Seattle King County Asset Building Collaborative no longer exists, replaced by the Financial Empowerment Network   Seattle-King County (Network). In 2016, ADS staff will engage with public education and marketing campaigns that promote individual savings for later life.</p>
<b>Ongoing</b>	Ongoing advocacy	✓	<p>Advocate for the reauthorization of the Older Americans Act and advocate for improved economic security in King County, especially among older women.</p> <p>In 2015, ADS Advisory Council members and staff promoted the 50th anniversary of the OAA by: 1) creating a video about the history of local programs and services (<a href="http://www.goo.gl/y04aS4">www.goo.gl/y04aS4</a>); 2) scheduling several OAA50 events; and 3) applying the national reauthorization and Older Americans Month tagline "Get Into The Act" on social media (<a href="http://www.goo.gl/zCaOCB">www.goo.gl/zCaOCB</a>).</p>

## AREA PLAN UPDATE ON AGING FOR SEATTLE-KING COUNTY 2014–2015

2015 Goal	2015 Final	✓	2015 Objectives and Comments
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### Goal 2: Address Basic Needs.

<b>Ongoing</b>	Ongoing awareness	✓	<p>Increase awareness of the Elder Economic Security Standard Index for Washington, and specific data that details how much income an older adult needs for self-sufficiency in Seattle &amp; King County.</p> <p>The Elder Economic Security Index was mentioned in several discussions, forums and on social media during 2015. There is still more that will be done to raise awareness about the importance of the tool. <a href="http://www.wowonline.org/elder-economic-security-initiative/">www.wowonline.org/elder-economic-security-initiative/</a></p>
<b>Ongoing</b>	Ongoing partnership development	✓	<p>Partner with other jurisdictions in King County to develop strategies for increasing meal programs for older adults.</p> <p>During 2015, approximately 350k meals were provided which is an 8% increase from the baseline.</p>

### Goal 3: Improve Health and Well-Being

<b>1,730</b>	<b>1,183</b>	✓	<p>Increase the number of people who participate in evidenced-based health promotion programs and show positive health behavior change. 2012 Baseline: 1,223 (including participants of color and immigrants/refugees)</p> <p>During 2015, focus shifted to high priority populations, including low-income, rural and underserved ethnic and racial older adults. ADS also began emphasizing regular attendance as an indicator of positive health outcomes per the evidence based program fidelity. Overall, there were 1,183 participants (duplicated). Of those, an estimated 968 attended at least 75% of the classes (includes duplicates) showed improvement.</p>
<b>1</b> senior fitness facility	<b>0</b>	<b>0%</b>	<p>Seek funding and community partners for outdoor fitness stations geared towards older adults and adults with disabilities.</p> <p>Although there was community interest in creating outdoor fitness stations geared for older adults, there was no apparent community-based lead (necessary for funding). Redmond Senior Center offers several choices of fitness equipment for adults in adjacent outdoor space. Seattle Sensory Garden for all ages and abilities is planned adjacent to the rose garden at Woodland Park.</p>
<b>Ongoing</b>	Ongoing advocacy	✓	<p>Advocate for social and recreational programming adapted to support people as they age.</p> <p>Seattle Parks and Recreation's Lifelong Recreation programs and Sound Steps programs were promoted heavily via AgeWise King County, <a href="http://www.agewisekingcounty.org">www.agewisekingcounty.org</a></p>

AREA PLAN UPDATE ON AGING FOR SEATTLE-KING COUNTY 2014–2015

2015 Goal	2015 Final	✓	2015 Objectives and Comments
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**Goal 4: Increase the independence for frail older adults and people with disabilities.**

750 Assessments & care plans	853 Completed assessments	100%	<p>Provide a TCARE assessment and care plan to family caregivers who show moderate to significant caregiver burden.</p> <p>2011 Baseline: 600 assessments &amp; care plans 2015 Goal: 750</p> <p>During 2015, the total number of TCARE assessment and care plans completed is 853.</p>
1 curriculum	2	100%	<p>Develop training curriculum for family caregivers who have loved ones with mental illness and difficult behaviors.</p> <p>In 2015, ADS purchased Powerful Tools for Caregivers help books for providers to offer the curriculum to support caregivers. The book includes a model for addressing behavioral challenges related to dementia. In addition, a pilot four-week small group seminar – called Staying Connected – for people with mild, early stage memory loss and their care partners was also implemented in the fall.</p>
Ongoing	Ongoing advocacy	✓	<p>Advocate to increase language capacity and class schedules and to reduce class size for home care independent provider training to better meet the language needs and training requirements of the independent provider workforce.</p> <p>During 2015, ADS staff and SEIU discussed the development of new curriculum for caregivers/individual providers’ for the Basic Training requirement. The new curriculum addressed learning and retention challenges for caregivers and individual providers with limited English proficiency. ADS staff provided feedback to SEIU regarding challenges faced working with individual providers.</p>
Ongoing	Ongoing advocacy	✓	<p>Advocate with Aging and Long-Term Support Administration (AL TSA—formerly called Aging and Disability Service Administration) and the state legislature to match required tasks (e.g., frequency of client contact) for Medicaid case management with available Medicaid case management resources.</p> <p>The Washington Association for Area Agencies on Aging (W4A) has an active workgroup to address this issue. Efforts during 2015 focused on implementation of overtime rules and impacts on care plans.</p>
1 training per year	1 training	✓	<p>Conduct cultural competence staff trainings on emerging immigrant and refugee populations.</p> <p>On November 20, 2015, Neighborhood House hosted a South King County Network meeting for Community Living Connections network providers and other partnering organizations. Chinese Information &amp; Service Center (CISC) provided a presentation on the services they offer to Asian and other bilingual, bicultural immigrants. The programs introduced included CISC’s Immigration Transition Program; Cultural Program; Multigenerational Family Program; and Advocacy.</p>

## AREA PLAN UPDATE ON AGING FOR SEATTLE-KING COUNTY 2014–2015

2015 Goal	2015 Final	✓	2015 Objectives and Comments
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### Goal 4: Increase the independence for frail older adults and people with disabilities.

<b>Ongoing</b>	Ongoing	✓	<p>Advocate for ALTSA to implement Web portal improvements, efficiencies and better reporting for the participants and care consultants. - a) Work with ALTSA to standardized SSPS processes outside the portal when efficiencies can be realized for the care consultant, consumers and providers.</p> <p>SSPS will be off-line effective March 1, 2016.</p>
<b>Ongoing</b>	Ongoing	✓	<p>Advocate with the Veteran’s Administration to increase the number of clients referred to the Veterans-Directed Home Services.</p> <p>During 2015, ADS served an average of 7 clients each month and has done so since 2013. ADS continues to advocate for more client referrals from the state.</p>
<b>Ongoing</b>	Ongoing partnership development	✓	<p>Work with the Elder Abuse Council to increase coordination among service and criminal justice agencies.</p> <p>During 2015, ADS staff helped plan the WA State Abuse of Elders and Adults with Disabilities Conference. Staff also participated in the statewide Adult Abuse/Neglect Response Workgroup. ADS received recognition in both City and County proclamations for World Elder Abuse Awareness Day, June 15, 2015. ADS staff were featured in a Dept. of Justice video project about elder abuse. Staff also conducted an elder abuse and mandatory reporting presentation to senior centers and congregate meal providers. A presentation was also made to Congressman Dave Reichert and included ADS and the King Co. Prosecuting Attorney’s Office. The King County Emergency Medical Services and Seattle Fire Dept. vulnerable adult pilot project concluded in June 2015.</p>

### Goal 5: Promote aging readiness.

<b>Ongoing</b>	Ongoing advocacy; <b>4</b> co-sponsored events	✓	<p>Advocate for transportation, pedestrian, street and land use policies and projects that promote walkable communities and pedestrian safety, and support people as they age.</p> <p>ADS staff participated in a variety of special needs transportation coalitions throughout the year and co-sponsored a Seattle Design Festival event (with Feet First and others) in September to demonstrate the difficulty of traversing Pioneer Square and the International District with limited vision. In November, ADS staff and NW Universal Design Council members participated in a more extensive simulated travel without vision exercise conducted by Seattle Lighthouse for the Blind. In October, the NW Universal Design Council hosted a presentation by US Access Board member Karen Braitmayer that highlighted mobility issues (70 in attendance). Co-hosts included the Seattle Commission for People with disAbilities.</p>
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AREA PLAN UPDATE ON AGING FOR SEATTLE-KING COUNTY 2014–2015

2015 Goal	2015 Final	✓	2015 Objectives and Comments
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**Goal 5: Promote aging readiness.**

2 presentations	5 presentations	100%	<p>Educate policy makers and community members about the advantages of incorporating Universal Design (UD) principles into standards for all types of housing development.</p> <p>NW Universal Design Council hosted quarterly educational events in 2015: Karen Braitmayer: U.S. Access Board; Universal Design: Best practices, challenges &amp; compromises (July); Should I Stay or Should I Go? Deciding how and where to live in your last decades   7 Ways to Avoid a Nursing Home (April); and The Beauty of Universal Design: Designing and building for people of all abilities (January).</p>												
Ongoing	50 Posts to social media sites	✓	<p>Support technology that enhances access to aging information, programs and services as well as social and civic engagement for older adults.</p> <p>AgeWise King County (the Advisory Council's monthly e-zine) and six social media sites promoted successful aging and a wide variety of programs, services, and activities for older adults and individuals with disabilities, with hundreds of posts throughout the year. In 2015, AgeWise subscriptions increased by 8.2% while social media followers increased by 14.7% to 76.7%, depending on the site.</p>												
2 meetings/year	8+ community conversations	100%	<p>Conduct at least one community conversation per quarter, with an emphasis on target populations (communities of color, rural, immigrant and refugees, LGBT).</p> <p>The planning process for the 2016-2019 Area Plan included a broad range of community engagement activities conducted to gather information on emerging needs. Activities included an online survey; three Focus on the Future Forums; presentations to the Seattle Commission for People with disAbilities; Aging the LGBTQ Way Town Hall meeting; and three Area Plan public hearings.</p>												
1 workshop per year	0	0%	<p>Collaborate with faith-based communities to support successful aging to increase awareness about the aging network.</p> <p>No activity to report.</p>												
33,662 5% more from prior year	45,913	100%	<p>Increase outreach to target populations in order to achieve a 5% increase in ADS funded services. (unduplicated) Baseline:33,662</p> <table border="1"> <thead> <tr> <th>Year</th> <th>Goal</th> <th>Actual</th> <th>% Increase</th> </tr> </thead> <tbody> <tr> <td>2014</td> <td>41,345</td> <td>39,055</td> <td>-5.53</td> </tr> <tr> <td>2015</td> <td>41,008</td> <td>45,913</td> <td>17.5%</td> </tr> </tbody> </table>	Year	Goal	Actual	% Increase	2014	41,345	39,055	-5.53	2015	41,008	45,913	17.5%
Year	Goal	Actual	% Increase												
2014	41,345	39,055	-5.53												
2015	41,008	45,913	17.5%												
1 meeting per year	4 meetings	100%	<p>Conduct outreach activities within diverse communities by coordinating at least one ADS Advisory Council meeting a year with a focus on older people and adults with disabilities who reside in East and South King County areas.</p> <p>The Advisory Council's March 2015 - <b>Maple Valley</b>, Jeannette Franks, To Move or Stay Put; May 2015, <b>Carnation</b>, Living Longer and Stronger in Sno-Valley-Strategies for Aging in Place in a rural environment; July 2015, <b>Auburn</b>, Debunking the Myths of Mental Illness, George Dicks; September 2015, <b>Southeast Seattle Senior Center</b>, Housing Challenges in Later Life.</p>												