

## Service Areas

ADS provides case management services throughout King County, and funds a broad range of other programs and services through partnerships with community-based organizations.

Adult Day Services

Caregiver Support Services—Counseling, Respite, Support Groups & Trainings

Case Management

Community Living Connections

Disability Access Services

Health Promotion

Elder Abuse Prevention

Homecare

Legal Services

Mental Health

Nutrition—Community Meals, Home Delivered Meals & Farmers Market Vouchers

Senior Centers

Transportation



**COMMUNITY LIVING CONNECTIONS**  
— LINKING YOU TO —  
Personalized Care & Support Options

To speak with a caring, highly-trained specialist who can give you information about service options, call Community Living Connections. Calls are free and confidential.

**206-962-8467**

**Toll-free: 1-844-348-KING (5464)**

Aging and Disability Services  
700 Fifth Avenue, 51st Floor • PO Box 34215  
Seattle, WA 98124-4215

Main 206-684-0660  
Fax 206-684-0689 • TTY 206- 684-0702  
aginginfo@seattle.gov



# Aging Seattle & King County



[www.agingkingcounty.org](http://www.agingkingcounty.org)

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Aging & Disability Services (ADS) plans, coordinates, and advocates for a comprehensive service delivery

system for older adults, family caregivers, and adults with disabilities in King County. In short, ADS helps people live independently.

ADS sponsors—City of Seattle, King County and United Way—collaborate to improve the health and quality of life for older adults, individuals with disabilities, and caregivers, connecting individuals and families with resources needed for independent living.

### Area Plan on Aging

The Area Plan on Aging for King County charts our course in creating an elder-friendly community. Revised every four years, the plan presents demographic trends and outlines major goals and objectives to:

- Promote healthy aging
- Prevent disease
- Encourage financial security
- Increase independence
- Improve health care
- Create livable communities



### Funding

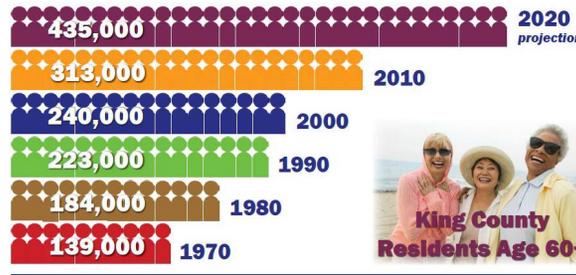
ADS funds programs and services that help older people and adults with disabilities remain in their homes and communities of choice. ADS administers

approximately \$34 million in federal, state and local funds each year.



### Advisory Council

Chartered under the Older Americans Act of 1965, twenty-seven members of the Seattle-King County Advisory Council on Aging and Disability Services guide planning and funding decisions. The Advisory Council has a significant role in advocating on behalf of older adults in King County.



### Aging King County

The number of residents age 85+ is growing rapidly and is increasingly more racially and ethnically diverse. By 2025, nearly one-quarter of our county population will be over age 60.

Older adults tend to be healthier now than the generation before them, but many require special care at home. Approximately 80 percent of people serving as caregivers for older adults or adults with disabilities are family members.

### For more information

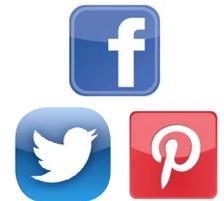
ADS promotes thoughtful discussion of disability and aging issues through several periodic publications.

AgeWise King County is a monthly e-zine for older adults and their caregivers, published by our Advisory Council. Sign up for a free subscription!



[www.agewisekingcounty.org](http://www.agewisekingcounty.org)

Social media offers useful information about aging programs, services, and issues. Visit, like, tweet, follow and pin us online! /AgingKingCounty @AgingKingCounty



ADS and the Seattle Department of Information Technology created *Encore!*, a 24/7 portal to information for older adults throughout the region.



A Seattle.gov Web site for people age 50+

[www.seattle.gov/encore](http://www.seattle.gov/encore)

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For information about the Area Plan on Aging, Advisory Council, and the Area Agency, visit:

[www.agingkingcounty.org](http://www.agingkingcounty.org)