

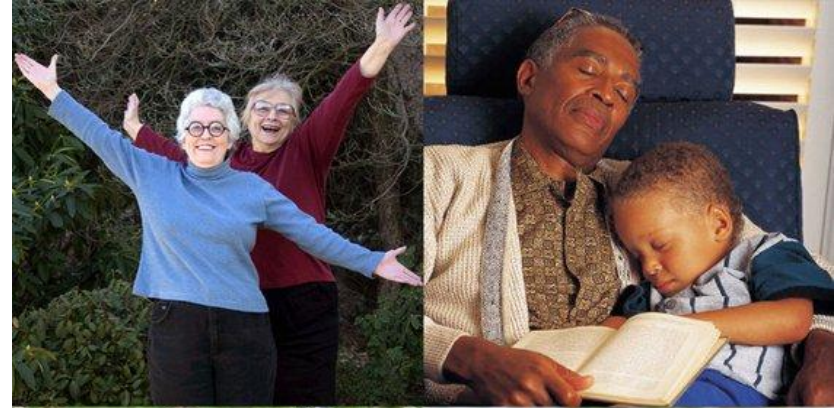
**2011 ADS
On-Line Questionnaire Results
and
Preliminary Objectives**

Presented to the ADS Sponsor

June 16, 2011

Area Plan on Aging

- ▶ Will guide ADS work from 2012 - 2015
- ▶ Based on community input process.
- ▶ Highlights goals for older adults and people with disabilities
- ▶ Summarizes annual budget of \$61 million in federal, state and local resources
- ▶ Updated every two years



Area Plan on Aging
Seattle & King County

Area Plan Input

- ▶ Planning & Allocations Committee members conducted Community Conversations at Ethnic Meal Sites throughout King County (March to May)
- ▶ On-line Questionnaire (March to May more than **330** completed on-line) launched through Seniors Digest
- ▶ Over **100** completed questionnaires mailed in
- ▶ ADS Staff Input
- ▶ Home Care Director's
- ▶ Healthy Aging Partnership
- ▶ Seniors Digest and Seattle Gay News Article



Community Conversations with 173 at:

Chinese Meal Site

Ukrainian Meal Site

Latino Meal Sites

Somali Meal Site

**Eritrean/Ethiopian
Meal Site**

**United Indians of
All Tribes**



Themes from Ethnic Meal Sites

- ▶ English is a major barrier
- ▶ Concerns re health care (coverage and expense)
- ▶ Housing – Many live with adult children and take care of their grandchildren; Many expressed that they don't like having to rely on adult children
- ▶ More opportunity for socialization
- ▶ Transportation for fieldtrips/outings
- ▶ Food & Nutrition – Most purchase food from grocery store; many Ukrainians use food banks; but food banks lack cultural foods for East Africans



Questionnaire Responses

- ▶ **77%** Women; **23%** Men
- ▶ **41%** <60; **47%** age 60 to 74; **12%** >75+
- ▶ **25%** - Identified as caregivers
- ▶ **35%** - SW Seattle
- ▶ **30%** - North Seattle
- ▶ **21%** - Central Seattle
- ▶ **8%** - East King Co.
- ▶ **5%** - SE King Co.



Questionnaire Responses

Housing Arrangements

- ▶ 49% - Living with spouse or partner
- ▶ 38% - Living alone
- ▶ 8% - Living with adult children or family other member (brother, sister, cousin, etc.)
- ▶ 8% - Other (Assisted Living facilities or Continuing Care Retirement Communities)



Questionnaire Responses

Top Three Needs:

Older Adults

- ▶ Affordable Health Care
- ▶ Income & Finances
- ▶ Housing

Adults w/Disabilities

- ▶ Transportation/Mobility
 - ▶ Affordable Health Care
 - ▶ Housing
-



Questionnaire Responses

How do you get information about aging program/services?

1. Internet (blogs, listserv, AARP) – 48%
 2. Senior Centers; Mayor's Office for Senior Citizens – 42%
 3. Television – 39%
 4. Church and/or Community Bulletins – 36%
-



Questionnaire Responses

Activities of interest

1. Volunteerism – 54%
2. Exercise programs – 52%
3. Educational programs – 47%
4. Arts programs – 39%



Questionnaire Responses

Concerns about walking in your neighborhood?

1. Poor sidewalks
2. Personal safety
3. Physical ability
4. Other:
 - ▶ Distance
 - ▶ Too many hills
 - ▶ Traffic
 - ▶ Construction



What would make it better?

1. Neighborhood center or gathering place
2. Improved bus routes
3. Better lighting



Next Steps for Area Plan Development

July

- ▶ AC Final review before - forwards to Sponsors
- ▶ Sponsors approve for public review
- ▶ Public review (July 24 - August 12); 3 public hearings throughout King County

August

- ▶ P&A reviews public comment and adjusts as necessary
- ▶ Forwards to Sponsors for final review and approval

September

- ▶ Sponsors final review and approval

October

- ▶ Due to the State Unit on Aging October 3, 2011