

Advisory Council on Aging and Disability Services

Creating choices for elders and adults with disabilities in Seattle-King County

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www.adsadvisorycouncil.org

MONTHLY MEETING FEBRUARY 13, 2009

MEMBERS PRESENT

City of Seattle	King County	United Way
<input type="checkbox"/> Vacant	<input type="checkbox"/> Vacant	<input type="checkbox"/> Vacant
<input checked="" type="checkbox"/> Barbara Hurst, Secretary	<input type="checkbox"/> Vacant	<input type="checkbox"/> Lorna Stone
<input type="checkbox"/> Diane Snell	<input type="checkbox"/> Julie Peterson	<input type="checkbox"/> Thelma Pegues
<input checked="" type="checkbox"/> Dr. Pierre Loebel	<input checked="" type="checkbox"/> Silversity Madrazo, Member-at-large	<input checked="" type="checkbox"/> Timmie Faghin
<input type="checkbox"/> Tim Burgess, elected official	<input checked="" type="checkbox"/> Kaylene Moon	<input checked="" type="checkbox"/> Don Moreland
<input type="checkbox"/> Marie Cook	<input checked="" type="checkbox"/> Rose Finnegan	<input checked="" type="checkbox"/> Phil Pitruzzello
<input checked="" type="checkbox"/> Houston Brown,	<input checked="" type="checkbox"/> Art Mussman, V Chair	<input type="checkbox"/> Michael Miller, AC Chair
<input checked="" type="checkbox"/> Dr. Robert Gross	<input checked="" type="checkbox"/> Kate Slaminko	<input checked="" type="checkbox"/> Midge Levy
<input checked="" type="checkbox"/> Jacqueline Deerr-Lord	<input checked="" type="checkbox"/> Cathy VonWald	<input checked="" type="checkbox"/> Amy Astle-Raaen

Excused Absence	Tim Burgess, Thelma Pegues, Michael Miller, Diane Snell, Lorna Stone, Linda Wells
Guests:	Lori Nichols (Speaker)
ADS Staff	Karen Winston, Doug Ricker, Gigi Meinig, Maria Langlais, Hector Sidoine, Rosemary Cunningham, Andrea Yip
United Way Staff	Linda Woodall
King County Staff	
City of Seattle	Pamela Piering

MINUTES

Cathy VonWald, Chair, welcomed Advisory Council members and ADS staff to the meeting. She asked those present to introduce themselves.

In association with the Area Agency on Aging for Seattle-King County and sponsored by:

Co-sponsored by:



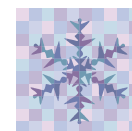
City of Seattle



United Way of King County



King County



Program: Electronic Shared Care Plan

Cathy VonWald, Advisory Council Chair introduced the speaker Lori Nichols, Director of the Whatcom Health Information Network.

Lori brings more than 25 years experience in health care where she worked in a variety of roles and a number of settings. She served on the board of a major medical center and acted as Provider Relations Director for Whatcom Medical Bureau, implemented a managed care plan, and a new claims processing system. Most recently, she worked with Health Information Technology in Whatcom County to support communications, transactions and quality improvement activities across the continuum of care.

Lori participates in a number of community provider groups, including the WA State Diabetes Collaborative, the Medical Home Leadership Network, the Business and Computer Information Systems Advisory Committee for Bellingham Technical College and is a member of the National Organization for Research Expert Panel for review of CMS Personal Health Record pilots.

Lori began her presentation by giving the Advisory Council an online tour of the Shared Care Plan health record system. The system helps people manage their own chronic health conditions or facilitates the coordination of the care by others at no cost. The Shared Care Plan is an easy to-use health record that helps the user organize and store vital health information which may be shared with family members, health providers or even first responders in an emergency. It offers a place to store and organize health information.

The system was originally designed with seed money from a Robert Wood Johnson Grant. The developers took into consideration the end user by bringing in a number of people with chronic health care issues to test the program. They made refinements based on user input as a result the system was designed with the patient in mind. Lori invited the Advisory Council to sign up online then give feedback to her about the system.

Examples of the information tracked by the system include:

- Medications – prescription, over-the-counter, alternative etc
- Allergies, reactions/drug interactions
- Diagnosis and immunizations
- Hospitalizations
- Surgeries, procedures
- Health indicators such as blood pressure cholesterol and blood sugars

The Shared Care Plan includes a number of important features:

- Printable health information in a wallet size format which can be used while traveling or during an emergency
- Secure and confidential data
- Secure safeguards include encryption, and a tool for the user to mark information private
- Health record audit tool with date stamps to track who accessed records
- Accessible information is available from any computer with internet access
- Date stamped entries

The plan may be used to:

- Track medical appointments and questions for the health care professional
- Use personal planning tools to track health issues, set goals
- Access detailed health information in Healthwise an extensive health information database
- Store advance directives
- Access and download health data from a participating provider
- Invite “care team members” family, caregiver, health professionals, to access and update information when needed in a secure environment
- Reconcile hospital medications with home medications to avoid an overdose
- Record family history

Future system enhancements include

- Calendar feature
- Messaging
- Discharge plans
- Obgyn
- Behavioral Health
- Access in other languages
- Increase the technical help for people not as computer literate

Finally, the agency expects to identify ongoing funding and support for the program.

Question: There was a concern expressed that only health care providers should maintain access to health records.

Answer: Lori explained the system allows access to health care providers. The system is used as a tool for patients to maintain their own health, manage their chronic conditions and reconcile duplicate or contradictory information. This is especially important regarding medications. Additionally, patients benefit from access to online health information and have the ability to set their health care goals.

Question: There may be Federal funding for the development of electronic medical record systems in the future. How will this system dovetail with other systems?

Answer: Lori supported the development of electronic medical records for use by both the patient and the medical provider. It may take a while for systems to talk to each other. The goal of any system should be to benefit the patient through a robust system in which a wide range of users participate.

Question: There are other systems such as Group Health available to the consumer. Would the Shared Care Plan duplicate these systems?

Answer: There are other systems in development by Google, Microsoft, insurance companies, or health providers. Some are not patient oriented and may use extensive advertising.

Business Meeting

Sponsors Meeting:

The Sponsor's meeting focused on federal policy changes, the stimulus package and the recent developments in the state budget. Pam gave the Sponsors an overview of strategies being used to mitigate potential cuts to people with disabilities and the older adult populations.

Outreach and Advocacy Committee

Don Moreland reported on the February 17th Senior Lobby Day initiatives. Two vanloads of people from the Advisory Council and Mayor's Council of African American Elders will leave 6th and Cherry at 7:15 AM to drive to Olympia to meet with their legislators. Background information and talking points for participants will be available along with a schedule of appointments. AC members will be given fortune cookies to distribute to legislators with the message "Home and Community-Based Services: Saving a Fortune". The main priorities to emphasize include:

1. Request that the Legislature commit any new federal Medicaid funds be allocated to Medicaid appropriate services instead of funding Non-Medicaid State budget items.
2. HB 1788/SB 5639 increases the penalties imposed on individuals who commit crimes of abuse, abandonment, neglect, and financial exploitation against vulnerable adults.
3. HB1310/SB 5164, HB 1709, SB5150, and SB5750 establishes fair and reasonable protections to stop payday lenders from charging triple digit interest loans and protect people from a downward debt spiral. (Note: Payday lenders are now targeting social security recipients.)
4. HB 1311/SB5400 expands the availability of reverse mortgages in Washington State and will create a regulatory framework to protect consumers who engage in reverse mortgage transactions. (See second motion below regarding concerns with the new bills.)
5. HB1563/SB5671 closes an annuity loophole requiring sellers to use a standard formula to determine the suitability of an annuity before it is sold. It will also establish market and disclosure standards.
6. HB 1493 closes the loophole which allows pharmacies to share personal prescription histories of patients with drug manufacturers who use this information to aggressively market expensive products to consumers.
7. HB1694 gives DSHS emergency rule making authority to begin to shift 7000 clients or half the agency workers to individual providers as a cost cutting measure. This shift may impact a safety net for vulnerable clients assigned to agencies and result in home care workers losing their jobs and health insurance. Some agencies may go out of business.

Motions:

1. The Advisory Council moved, seconded and passed an endorsement for SB 5871/ HB 2104 which provides a tax exemption on the sale or use of power wheelchairs and the related

accessories and services as prescribed by a person licensed under the laws of this state to prescribe such equipment. Don will forward the Advisory Council endorsement to the bill sponsors and the Senior Lobby.

2. *The Advisory Council moved, seconded and passed a motion to* draft a letter to Columbia Legal Service requesting that CLS monitor legislative proposals related to reverse mortgage lending bills *HB 1311/SB5400* and advocate for protections comparable to or more protective than those that currently apply to federally-regulated reverse mortgages.

Planning and Allocations Committee

1. Rose Finnegan reported the Planning and Allocations committee drafted a work plan for 2009. The committee will finalize the draft allocation recommendations by May and the Area Plan update by June.
2. The proposed economic stimulus package includes an additional 30% for home delivered and congregate meals. We will know more once the package is passed.
3. The Planning and Allocations committee will now meet on the 4th Friday from 10 to 11 am. Before finalizing the next meeting Karen Winston will send an informal survey to the committee.

State Council on Aging (SCOA)

Don Moreland reported that the State's preliminary budget should be passed by February 19th. It appears there may be as much as an \$8 billion deficit, although it is expected the stimulus package may bring in \$2-3 billion from the federal government. The SCOA will meet next week and Don will receive an update.

Cathy VonWald continues to participate on a committee to draft a mission, vision and values for the SCOA.

Universal Design Council

Art Mussman reported the Council is revisiting the term "universal design" which has become stigmatized over time. The Council also discussed options for future living arrangements. They envisioned flexible living spaces which encompass moveable walls with the ability to change functions as families grow then shrink once residents become empty nesters.

Communications Committee

Kate Slaminko reported the Seniors Digest continues to receive approximately 10,000 a month a pattern which is holding steady.

Pam Piering, Gigi Meinig and Kate Slaminko gave a brief report on the meeting with Emmy Jordan, Vice President of the Seattle Chamber of Commerce. Emmy gave them a number of good suggestions on how to connect with the business community. ADS came away with ideas for a forward thinking frame to visualize the future:

- How will work processes change?
- Will the work environment change?
- Will we live differently how so – will the change bring about new markets?
- What new products and services will be needed and which will go by the wayside?

- What type of new communication networks and technology will be in place?
- What challenges will the future bring?
- What opportunities?

Director's Report

1. The final Housing Report will be unveiled at a special open house on February 19th, 10:00 AM at the Nia Apartments (9935 Eighth Ave SW) a newly opened Senior Housing complex near White Center.
2. ADSA received a grant for Nursing Home diversion that will provide funding to assess and provide flexible services to older adults in King County whose family caregivers are at risk of placing them in a Nursing Facility and/or at risk of Medicaid spend-down.
3. The Veterans Administration expressed interest in partnering with Area Agencies on Aging to collaborate and coordinate the delivery of home and community based services.
4. Pam received a number of compliments regarding the Black Diamond senior nutrition contractor. They said the food is good and they were glad we went thorough the RFP process. The NE Bellevue Community center is also pleased with the new contractor.

Announcements

Next meeting will be held at the NE Seattle Library: 6801 35th Ave NE, Seattle, WA. The Outreach and Advocacy Committee will meet before the Advisory Council at 10:15. The Advisory Council business meeting will begin at Noon with Debbie Anderson's presentation on the Virtual Village Concept following. The Virtual Village promises to help reduce social isolation and give people the opportunity to age in place. The concept is modeled after the Boston, Mass *Beacon Hill Village* www.beaconhillvillage.org. For people needing a ride, a van will leave 6th and Cherry at 11:15 AM.

NEXT REGULAR MEETING: OFF SITE

Friday, March 13, 2008

Noon – 2:30 p.m.

**NE Seattle Library: 6801 35th Ave NE
Seattle, WA**

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