

Advisory Council on Aging and Disability Services

Creating choices for elders and adults with disabilities in Seattle-King County

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MONTHLY MEETING JUNE 8, 2007

MEMBERS PRESENT

CITY OF SEATTLE	KING COUNTY	UNITED WAY
<input type="checkbox"/> Vacancy	<input type="checkbox"/> Vacancy	<input checked="" type="checkbox"/> Midge Levy, Secretary
<input type="checkbox"/> Barbara Hurst	<input type="checkbox"/> Vacancy	<input checked="" type="checkbox"/> Lorna Stone
<input checked="" type="checkbox"/> Diane Snell	<input type="checkbox"/> Elsie Erickson	<input checked="" type="checkbox"/> Thelma Pegues, Member-At-Large
<input type="checkbox"/> Dr. Pierre Loebel	<input checked="" type="checkbox"/> Silversity Madrazo	<input checked="" type="checkbox"/> Dr. Jonathan Wanagat
<input type="checkbox"/> Tom Rasmussen	<input checked="" type="checkbox"/> Kaylene Moon	<input checked="" type="checkbox"/> Don Moreland, Chair
<input type="checkbox"/> Marie Cook	<input checked="" type="checkbox"/> Rose Finnegan	<input checked="" type="checkbox"/> Phil Pitruzzello
<input checked="" type="checkbox"/> Houston Brown, V- Chair	<input checked="" type="checkbox"/> Art Mussman	<input checked="" type="checkbox"/> Michael Miller
<input type="checkbox"/> Dr. Robert Gross	<input checked="" type="checkbox"/> Kate Slaminko	<input checked="" type="checkbox"/> Ann Ballard
<input type="checkbox"/> Candace Inagi	<input checked="" type="checkbox"/> Cathy	<input checked="" type="checkbox"/> Amy Astle-Raaen

Excused Absence Barbara Hurst, Dr. Pierre Loebel, Tom Rasmussen, Marie Cook, Dr. Robert Gross, Candace Inagi, Elsie Erickson

Guests

ADS Staff Pamela Piering, Rosemary Cunningham, Margaret Casey, Marcy Kubbs, Karen Winston

United Way Staff Linda Woodall

King County Staff

MINUTES

Don Moreland, Chair, welcomed Advisory Council members and ADS staff to the meeting. He asked those present to introduce themselves.

In association with the Area Agency on Aging for Seattle-King County and sponsored by:



PROGRAM : AREA PLAN 2008-2011

Aging and Disability Services (ADS) staff, Pamela Piering, Rosemary Cunningham, and Karen Winston presented information on the four-year Area Plan that guides the agency's activities. The presentation included a report on the progress ADS has made on its goals for the Area Plan 2004-2007 and draft objectives for 2008-2011.

Progress on Area Plan 2004-2007 Goals

Rosemary Cunningham shared the draft 2006 Area Plan Report Card, reviewing progress on Area Plan objectives over the course of 2004-2007. Rosemary indicated she was pleased with progress on most of the goals and cited several objectives in which ADS far exceeded anticipated numbers. Examples include the number of older adults served by neighborhood transportation shuttles, rural elder's access to transportation services, and the number of seniors trained in computer basics. A few objectives not yet been met will be forwarded to the next Area Plan for completion.

Area Plan 2008-2011

Karen Winston reviewed the purpose of the Area Plan and activities that have taken place this year to plan for 2008-2011. She shared some of the demographic information gained during the Focus on the Future Forums held this spring including the following:

- In 2005 almost 15% of the population was over 60. In 2025 the number will be 23%.
- 81% of the "Boomers" expect to work beyond retirement
- Many more boomer women will live in poverty than boomer men
- Self-care limitation is increasing among 45-64 year olds
- Disability rates are increasing among female, low-income, less-educated older adults
- There is increased obesity in persons with diabetes, arthritis, hypertension

Pamela Piering reviewed the four Area Plan Elder Goals which are:

- Basic Needs
- Health & Well Being
- Social and Civic Engagement
- Independence for Frail Older Adults and People with Disabilities

Draft objectives for each of the goals were shared and those present were invited to suggest additional objectives. Advisory Council members proposed a number of additional objectives under each of the goal areas.

The Sponsors will review the draft allocation recommendations and Area Plan objectives at their July 19th meeting. Public hearings on the plan will be held the week of August 6th and the final Area Plan is will be submitted to the State Unit on Aging on October 1, 2007.

BUSINESS MEETING

Minutes

Action Taken: It was moved/seconded and passed that the May 11, 2006 minutes be approved as written.

COMMITTEE AND TASK FORCE REPORTS

Seattle City Council

There was no report.

Sponsor's Meeting

Pamela Piering indicated the Sponsors received a presentation on the Chronic Care Management Project at their last meeting. To date 165 individuals have been identified to receive intensive Chronic Care Management services. There are an additional 7,000 individuals eligible for medical home services.

Planning & Allocations Committee

Lorna Stone reported that the committee heard a presentation on nutrition services from ADS staff Lillian Tang. There are two types of nutrition services, congregate and home-delivered meals. The 43 congregate meal sites and three home-delivered meal providers serve 12,000 a year.

Outreach and Advocacy / Health Care Task Force

David Loud staff to Congressman Jim McDermott was a guest at today's committee meeting and shared information about recent activities in Washington, D.C.

The committee discussed the King County Charter Review and opportunities to provide feedback during their process. They recommended the Advisory Council send a letter to King County regarding their Charter.

Action Taken: It was moved/seconded and passed that the Advisory Council send a letter to King County requesting the following:

- King County continue the strong role it has had in supporting human services in the county.
- King County strengthen county-mandated services for older adults and adults with disabilities.

Communications Committee

Diane Snell reported the committee decided on a number of topics for upcoming Seniors Digest articles. There are currently 600 subscribers to the e-mail magazine. The committee recommended members take flyers advertising the Seniors Digest to any meetings they might attend.

Participants are being sought for a focus group on June 27th from 9:30-11:00 at the Central Building to provide feedback to the Healthy Aging Partnership on their new website. Members interested in participating should contact Maria Langlais.

Universal Design

Art Mussman reported that the Universal Design Coalition is reviewing a California law requiring builders to list all Universal Design (UD) features they have included in their homes. The Coalition is wondering if the law can be replicated in Washington.

Some members of the Coalition including ADS staff Margaret Casey and Rosemary Cunningham met with the CEO of a company building prefabricated homes to explain the importance of Universal Design. The CEO is considering the feasibility of incorporating UD features into their homes.

State Council on Aging

There was no report.

NEW BUSINESS

Nominating Committee

Don Moreland reviewed the procedures for electing a Nominating Committee. Advisory Council members nominated two from each sponsoring agency and cast their ballots electing Diane Snell (City of Seattle), Cathy VonWald (King County), and Amy Astle-Raaen (United Way) to the 2007 Nominating Committee.

Director's Report

Pamela Piering reported on a number of items including the following:

- 1) **State Council on Aging (SCOA)** – Pam reported that volunteers are needed to apply to replace Joanne Brekke as the Advisory Council's representative on the State Council on Aging. The SCOA advises the Governor and State Unit on Aging on issues related to older adults and adults with disabilities. Don Moreland, Cathy VonWald, Houston Brown and Thelma Pegues volunteered to apply.
- 2) **Thank You** – Pam thanked Cathy VonWald for inviting her to meet with the Bellevue Council on Aging. She noted that there may be other local councils such as this that it may be helpful to convene.
- 3) **Older American's Act (OAA) Funding** – Last night the House Subcommittee penciled in OAA appropriations, providing a 6% increase in funding. David Loud of Congressman McDermott's office met with the Outreach and Advocacy Committee today and provided information on the process.
- 4) **Older Americans Act (OAA) Programs** – Some new program areas added to the OAA that we will be hearing more about are:

- Evidence-based disease prevention program
- Aging and Disability Resource Centers (ADRC)

The meeting was adjourned at 2:00 pm.

NEXT REGULAR MEETING

Friday, July 13, 2007

Noon – 2:00 p.m.

6070 Conference Room

Seattle Municipal Tower

700 5th Avenue

Seattle, WA 98104

(206) 684-0660

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