

# Farm to Table Partnership

Seattle Human Services Department  
Aging & Disability Services  
Early Learning & Family Support  
August 19, 2010  
ADS Sponsors Meeting

# Only 40% of people 65+ eat 5+ servings of fruits and vegetables a day

- Risk factors for overweight and obesity increase with age.
- Increasing consumption of fresh produce for senior meal participants can help reduce the risk of obesity.
- ADS nutrition providers reach 15,000 participants and serve 750,000 meals each year.
- Limited nutrition program budgets limit access to fresh produce.

# Healthy Eating Active Living Grant

- July 2010 through December 2012
- Award amount: \$200,483
- Goal
  - Make healthy foods affordable for senior congregate and home-delivered meals & child care centers by cooperatively purchasing fresh local produce.

# ADS planning & contracting role

- Regularly convene partners.
- Develop a project plan, gather and report data.
- Create open communication channels.
- Negotiate and monitor contracts.
- Provide technical assistance.
- Coordinate with Public Health – King County to evaluate outcomes.
- Adopt policies to provide incentives for using local produce in meal programs.
- Participate in CPPW Coalition.

# Farm to Table Partners

- Nutrition partners will incorporate more affordable local produce in senior meals.
  - Catholic Community Services
    - 88,000 senior congregate meals
    - 15 sites
  - Chicken Soup Brigade
    - 44,000 senior home-delivered meals
  - Senior Services
    - 3 senior congregate meal sites

# Farm to Table Partners

- Agriculture partners will connect local farmers to meal program purchasers.
  - Washington State Department of Agriculture – Farm to School Program
  - Puget Sound Food Network
  - Clean Greens Farm

# Farm to Table Partners

- Other Partners will incorporate local produce in meal programs as feasible.
  - Early Learning & Family Support Child Care Centers
  - King County Housing Authority