
AGING & DISABILITY SERVICES SPONSORS MEETING

TO: SPONSOR MEETING PARTICIPANTS
FROM: ROSEMARY CUNNINGHAM, INTERIM DIRECTOR, ADS
RE: AUGUST 30, 2011 SPONSORS MEETING
DATE: AUGUST 25, 2011

ADS Sponsors Meeting August 30, 2011 12:00 – 1:00 p.m.

United Way of King County
Gates Community Room
720 Second Ave.
Seattle, WA 98104

United Way, Chair

- | | |
|------------------------|---|
| Information 5 min. | 1. Introductions – Chairperson, David Okimoto, United Way of King County |
| Decision 5 min. | 2. Review and Acceptance of July 21, 2011 Sponsors Meeting Minutes (Attachment I *) |
| Information 10 min. | 3. Area Plan Public Hearing Comment Summary – Karen Winston (Attachment II*) |
| Discussion 5 min. | 4. Sponsors additional Area Plan comments – Jackie McLean, David Okimoto, Dannette Smith |
| Decision 5 min. | 5. Review and Approval of 2012-15 Area Plan on Aging – Rosemary Cunningham (Attachment III) |
| Decision 5 min. | 6. Review and approval of 2012 Allocation Recommendations – Rosemary Cunningham (Attachment IV) |
| Information 5 min. | 7. Sponsors Update - Jackie McLean, David Okimoto, Dannette Smith |
| Information 5 min. | 8. Advisory Council Report – Kaylene Moon, Chair |
| Information 5 min. | 9. Director’s Report– Rosemary Cunningham, Interim Director |

Persons wishing to provide comments must call Aging & Disability Services at 684-0648 by June 29, 2011. Thank you.

* Attachments available at www.agingkingcounty.org/calendar.asp under Sponsors Meeting event.

SEATTLE-KING COUNTY AGING & DISABILITY SERVICES
SPONSORS' MEETING MINUTES

Draft

DATE: July 21, 2011

PLACE: United Way of King County
Gates Community Room
720 Second Ave.
Seattle, WA 98104

PRESENT: Sponsors/Liaisons: Dannette Smith, City of Seattle
David Okimoto, United Way of King County
Jackie MacLean, King County
Linda Wells, King County
Linda Woodall, United Way of King County

Advisory Council: Tom Minty, Advisory Council Vice-Chair
Art Mussman, Advisory Council Member

Guests: Kate Turpin, Senior Services

ADS Staff: Rosemary Cunningham
Karen Winston
Maureen Linehan
Jane Crum

WELCOME AND INTRODUCTIONS

The meeting was called to order by David Okimoto, Chair. Introductions were made.

REVIEW AND ACCEPTANCE OF JUNE 16, 2011 SPONSORS' MEETING MINUTES

The Sponsors moved, seconded and approved the minutes of the June 16, 2011 Sponsors meeting as written.

2012 DISCRETIONARY ALLOCATIONS RECOMMENDATIONS

Art Mussman and Maureen Linehan gave an overview of the Planning & Allocations Committee 2012 Discretionary Allocations Recommendations beginning with an overview of the state, federal and local budget picture as follows:

State Senior Citizens Services Act (SCSA)

SCSA received further reduction of 5% for the 2011-2013 bienniums. This equates to a \$151,000 per year reduction to services for older adults in King County. Due to the late completion of the legislative session, contracts that operate on a fiscal year basis, (e.g. SCSA), will be extended three months with estimated revenue. Final revenue will be allocated this summer for the remaining nine months.

Family Caregiver Program

There was a state budget increase to Family Caregiver Support Program (FCSP) funding of just under \$1 million. The FCSP will need to assess 422 new unpaid family caregivers by December 31, 2011 in order to evaluate the effectiveness of FCSP. If FCSP is proven effective, ADSA will ask the legislature to continue funding beyond June 30, 2012.

Federal Older Americans Act (OAA)

The 2011 allocation was received with a slight increase in most allocations:

- 1% increase for III-C, plus Elder Abuse
- .03% increase for Titles III-B, III-D, and III-E

The 2012 federal budget has not been released.

City of Seattle General Fund (GF)

The Seattle Human Services Department, along with the City of Seattle Fire and Police departments, were asked to submit proposed budget reductions of 3-6% for 2012. Items that were identified were submitted to the City budget office in May. Final cuts will not be made public until September when the Mayor submits his budget for review by the City Council. The Council's final vote on the budget will happen by the end of November.

The Planning and Allocations Committee considered the following when developing their 2012 Discretionary Allocations recommendations:

- Allocation guidelines from ADS Sponsors
- 2011 Discretionary Allocations approved by Sponsors
- Volunteer Transportation service area trends and issues
- Continued interest in prioritizing services that enable elders to access services, especially in the midst of difficult economic times

Recommended strategies for allocating 2012 discretionary funds are as follows:

- 1) Reduce Home Health Maintenance (\$18,000 reduction).
- 2) Reduce Client Specific Fund if needed to balance discretionary budget.
- 3) Should a net increase in discretionary funding occur (possibly due to increased revenue in Older Americans Act, or actual carry-over from 2010 exceeding the budgeted amount):
 - ADS staff may allocate up to \$50,000 to one or more programs in the Access Service category, which includes Case Management, Transportation, and Information and Assistance.
 - In making the funding decisions, staff will consider trends in client demographics, community needs, and agency performance.

The Sponsors discussed the recommendations with special interest in the mileage reimbursement rate for volunteer transportation drivers. The Sponsors requested that in the future the planning and allocations committee strive for a compensation rate at the same level as the Federal mileage reimbursement schedule. This request is intended to be undertaken outside this allocation cycle, acknowledging that research and deliberation on budget impacts need to be considered. Further advocacy to provide a reduced toll on the 520 bridge for people with low incomes and transportation for older adults or people with disabilities to medical appointments was also encouraged. Discussion continued regarding the Veterans and Human Services Levy funding for PEARLS project. The Sponsors requested that the Area Plan budget amount for 2012 remain the same as 2011 amount.

The Sponsors moved, seconded and approved the Preliminary 2012 recommendations be released for public review and comment, via phone, email or in person with the addition of the King County Veterans and Human Services Levy funding for PEARLS remaining at \$224,000. Three public hearings will be hosted by the Advisory Council on July 27, August 8, and August 9. Final adoption of the allocations is scheduled for the Sponsors' meeting in August.

DRAFT AREA PLAN – PUBLIC REVIEW PROCESS

Rosemary reviewed changes to the Area Plan Draft including the addition of the goal of improving health care quality for older adults and adults with disabilities. ADS Staff will continue to develop measurable outcomes for each objective. Rosemary led discussion with the Sponsors reviewing the nine pages of objectives contained under the goals of Improving Health Care Quality for Older Adults and Adults with Disabilities; Address Basic Needs; Improve Health and Well-being; Increase Independence for Frail Older Adults and People with Disabilities and Promote Aging Readiness. The Sponsors moved, seconded and approved the draft Area Plan Objectives be released for public comment.

CHRONIC CARE MANAGEMENT UPDATE

Rosemary brought the National Association of Area Agencies on Aging (n4a) Aging Innovations Achievement Award given to the Seattle King County Area Agency on Aging/ King County Care Partners' program. It was presented at the National Association of Area Agencies on Aging Annual Conference in Washington DC on July 17, 2011. ADS staff gave a presentation on chronic care management King County Care Partners as an example of "leading practices" in creating livable communities for all ages. The conference workshops focused on areas of interest: 1) Federal Budget Concerns; 2) Medicaid/Medicare Care Transitions, and; 3) the built environment and systems building.

During this trip, staff from Area Agencies on Aging (AAA) across the state met with Senators Patty Murray and Maria Cantwell, staff members from Jim McDermott's office and others from the Washington delegation. Elected officials supported the AAA request to mitigate cuts to Medicare, Medicaid and Social Security. Senator Cantwell was especially impressed with the information from the Elder Economic Index study and is tracking it closely with the possibility of drafting a bill based on the index findings.

Rosemary described the work ADS is doing to position the Area Agency on Aging in the Health Care Reform arena. ADS is cultivating partnerships with local hospitals Auburn General and Highline Medical Center to work on improving the transition between hospital and discharge to prevent returning to the hospital or the emergency department. Mary Pat O'Leary, ADS KCCP Clinical Manager and Rosemary are meeting with health care professionals to discuss how the Area Agency on Aging (AAA) service network is key to health care reform. The AAA has the infrastructure needed for strategic planning, policy development and contracting for services with community providers. Many patients fail after hospitalization because of medication management, follow-up visits to the physician, proper nutrition, etc. Rosemary has introduced Roy Walker, Washington Association of Area Agencies on Aging Chair to Betsy Jones, Director of Community Health Plans of Washington (CHPW) to further promote statewide partnerships. Area Agencies on Aging also have the advantage of the health promotion programs funded by the Older Americans Act to help prevent premature illness and hospitalization. ADS is organizing a focus session in south King County to bring entities together to coordinate a better system for care transitions resulting in better health outcomes for Medicare recipients while reducing costs.

ADVISORY COUNCIL REPORT

Tom Minty, Advisory Council on Aging and Disability Services Vice-Chair reported on the July Advisory Council meeting program: Perspectives on Homelessness with Richard LeMieux - author of the best-selling book *Breakfast at Sally's*, and Bill Block, Project Director of the Committee to End Homelessness in King County. Richard gave his personal experience of becoming homeless after "having it all." Bill gave an update on the progress of the Ten Year Plan to End Homelessness in King County - five years into the ten year plan. You can view this excellent and moving presentation via the following link: <http://www.seattlechannel.org/videos/video.asp?ID=5201137>.

The August meeting will feature guests from DSHS/ADSA - MaryAnne Lindeblad, Assistant Secretary at the Department of Social and Health Services Aging and Disability Services Administration, and Bill Moss, Director of Home and Community Services Division.

Tom and Rosemary were very pleased to announce that a huge milestone has been reached regarding the Advisory Council's subcommittee work on Built Environment/Universal Design (UD): this morning the state included three universal design points in the Evergreen Standards for Public Housing. Evergreen Standards have points attached making UD more appealing to builders and investors. For example, such items as accessible door handles, and passage ways being built with a 36" clearance, fundamental and practical solutions to easy of movement that is more cost effective to build in rather than remodeling units at a later time. Rosemary thanked Tom and the committee for the commitment to the process; twelve years of public/private partnership has led to this policy change that will make a difference for older adults and people with disabilities in the future.

AGING AND DISABILITY SERVICES (ADS) DIRECTOR'S REPORT

Rosemary Cunningham, Interim Director, asked Maureen Linehan, Interim Operations Manager to give a brief overview of the ramp-up of the Family Caregiver Support Program (FCSP). Maureen described the work underway to meet the goal of assessing an additional 422 new unpaid family caregivers with the T-Care assessment tool by December 31, 2011. Training for the T-Care assessment tool has been increased with additional staff trained each month during the summer in order to build capacity. Janet Ceballos, a second-year MSW student at the UW is doing her practicum at ADS through the end of March 2012. Janet is well acquainted with family caregiver support and has been assigned to FCSP outreach. Internally at ADS Maureen is looking at additional capacity in the Respite Unit as respite intakes will be increased as a result of the 422 new assessments. Rosemary expressed the importance of ADS' success in this process as King County is 28% of the state. If FCSP is proven effective, ADSA will ask the legislature to continue funding beyond June 30, 2012.

The Sponsors thanked the Advisory Council and staff for their continued good work. The meeting was adjourned.

Summary prepared by Jane Crum, City of Seattle.

Public Comment Summary

Attachment II

Three public hearings were held on August 4, 8 and 9, 2011, throughout King County to receive comments on the draft Area Plan for 2012-2015 and the 2012 discretionary allocation recommendations. Participants included approximately 20 older adults, Advisory Council members, community members, staff and providers. Comments and responses are summarized below.

| Agency | Comments/Recommendations | ADS Response |
|-----------------------------|--|---|
| Refugee Women’s Alliance | We provide senior nutrition programs for refugee and immigrant seniors and have some transportation needs. We are specifically concerned about our monthly meal program that serves approximately 13 Bhutanese elders. We are in need of funding for transportation to meet the needs of this new immigrant group. | <u>Response:</u> ADS will examine increases to transportation and meal services for emerging communities in preparation for the next nutrition Request for Investments (RFI) in 2012. |
| Advisory Council Member | I am very concerned about the current national debt situation and its potential impact on aging programs. ADS should gear-up advocacy efforts regarding the preservation of the Older Americans Act. | <u>Response:</u> The Advisory Council’s Outreach and Advocacy Committee has been following this issue very closely and will continue tracking Older Americans Act reauthorization progress. |
| King County Liaison | ADS should consider changing the age requirement to 55 and older, in order to reach more people of color. | <u>Response:</u> Several ADS-funded services serve people under 60 years of age, for example, PEARLS, Family Caregiver Support, Homecare, etc. |
| Catholic Community Services | What are the numbers of Native Americans in Seattle and King County? | <u>Response:</u> In the draft Area Plan, the Demographic Section contains Census information about communities of color. More detailed information is also discussed in the Target Groups section, page 28. In addition, the 2010 ADS Client Profile Report, shows that 369 Native Americans received ADS funded services. http://www.agingkingcounty.org/docs/DemoProfile2010.pdf |

Public Comment Summary

Attachment II

| Agency | Comments/Recommendations | ADS Response |
|---------------------------------|---|--|
| Senior Services | King County has a disproportionate amount of veterans. Has ADS thought about collaborating with the Veterans Administration to address the needs of veterans who, although younger than 60 years of age, could still benefit from caregiver programs? | <u>Response:</u> The Family Caregiver Support Program is currently available to people younger than 60 years of age. |
| Senior Services | For advocacy activities for walkable communities in King County, we recommend connecting with Feet First, a nonprofit pedestrian advocacy organization. It also makes sense to include Public Health. | <u>Response:</u> ADS will add these two groups to the work plan list for implementation of activities related to increasing walkability of communities. |
| SeaMar Community Health | I see many elders who use food banks gaining weight and it may be due to the nutritional quality of foods available at food banks. Perhaps there should also be educational materials about food and nutrition, and more protein, fruits and vegetables available at food banks. Also, if information is to be translated, it is important to make sure the translation is correct and makes sense. | <u>Response:</u> Revised Objective to read: Work with local food banks and East African community groups to increase capacity to provide healthy culturally appropriate foods for East African elders in need. |
| Bellevue Network on Aging | Is there a way to expand the practice of P-Patches donating food to food banks throughout King County? | ADS will inventory King County food banks to determine which ones do not receive garden produce. |
| Bellevue Human Services Planner | To spread the word about services available to family caregivers, we recommend using public service announcements on local television and radio stations. | <u>Response:</u> Washington Association of Area Agencies on Aging is developing promotional videos for the family caregiver program. ADS will make the videos available to municipal television stations and local radio stations. |

Public Comment Summary

Attachment II

| Agency | Comments/Recommendations | ADS Response | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------|---|--|--------------|---------------|-----------|--------------|---------|--------|---------|------|-------------|-------|--------|-----|------------|-------|--------|-----|-------------|-------|--------|------|------------|-----|-------|------|-------------|-----|-------|-----|--------|----|-------|-----|--------------|---------------|----------------|-------------|
| Bellevue Human Services Planner | We recommend coordinating an Eastside focus group on transportation in order to get specific comments and concerns from older people and adults with disabilities. You may want to begin with the Easy Rider Coalition; the King County Mobility Coalition; the Kirkland Citizens Sidewalk Committee; and the Bellevue Transportation Commission. | <p><u>Response:</u> ADS will add an Eastside focus group to the implementation plan for the objective #42 – <i>“Advocate for transportation, pedestrian, street and land use policies and projects that promote walkable communities and pedestrian safety, and support people as they age.”</i> The Advisory Council will hold one meeting a year in an East Urban setting with at least one program topic to include improving transportation options for people as they age.</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bellevue Human Services Planner | Some of the objectives in the draft plan are specific to Seattle or King County. Please review and consider making them more general in order to encourage better partnerships. | <p><u>Response:</u> ADS will broaden objectives specific to Seattle or King County to also apply to municipalities.</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bellevue Network on Aging | The plan highlights growth of the 60 and older population, especially on the Eastside. Please keep that in mind when ADS makes future funding decisions. ADS should also consider preparing a report specific to elders on the Eastside. | <p><u>Response:</u> New Objective: Coordinate at least one joint meeting a year involving advocacy groups and the ADS Advisory Council with a focus on East urban older adults and people with disabilities.</p> <p><u>2010 Client Profile Report:</u> Clients Served by King County Subregions:</p> <table border="1" data-bbox="1360 1084 1873 1425"> <thead> <tr> <th>Subregion</th> <th>Number Served</th> <th>Total 60+</th> <th>% Total Pop.</th> </tr> </thead> <tbody> <tr> <td>Seattle</td> <td>13,005</td> <td>106,967</td> <td>12.1</td> </tr> <tr> <td>North Urban</td> <td>2,387</td> <td>23,995</td> <td>9.9</td> </tr> <tr> <td>East Urban</td> <td>3,659</td> <td>73,395</td> <td>4.9</td> </tr> <tr> <td>South Urban</td> <td>9,558</td> <td>87,838</td> <td>10.8</td> </tr> <tr> <td>East Rural</td> <td>659</td> <td>4,392</td> <td>15.0</td> </tr> <tr> <td>South Rural</td> <td>356</td> <td>8,993</td> <td>3.9</td> </tr> <tr> <td>Vashon</td> <td>83</td> <td>2,452</td> <td>3.3</td> </tr> <tr> <td>TOTAL</td> <td>29,707</td> <td>229,187</td> <td>12.9</td> </tr> </tbody> </table> | Subregion | Number Served | Total 60+ | % Total Pop. | Seattle | 13,005 | 106,967 | 12.1 | North Urban | 2,387 | 23,995 | 9.9 | East Urban | 3,659 | 73,395 | 4.9 | South Urban | 9,558 | 87,838 | 10.8 | East Rural | 659 | 4,392 | 15.0 | South Rural | 356 | 8,993 | 3.9 | Vashon | 83 | 2,452 | 3.3 | TOTAL | 29,707 | 229,187 | 12.9 |
| Subregion | Number Served | Total 60+ | % Total Pop. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Seattle | 13,005 | 106,967 | 12.1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| North Urban | 2,387 | 23,995 | 9.9 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| East Urban | 3,659 | 73,395 | 4.9 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| South Urban | 9,558 | 87,838 | 10.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| East Rural | 659 | 4,392 | 15.0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| South Rural | 356 | 8,993 | 3.9 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vashon | 83 | 2,452 | 3.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| TOTAL | 29,707 | 229,187 | 12.9 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Public Comment Summary

Attachment II

| | | |
|--------------------------------|---|--|
| <p>General Comments</p> | <p>It is important for housing to be accessible as we age. Please continue to advocate for Universal Design.</p> | <p><u>Response:</u> Referenced page 51 – Objective #12 – Educate policy makers and community members about the advantages of incorporating Universal Design (UD) principles into standards for all types of housing development. Annual Goal: 2 presentations.</p> |
| | <p>In reviewing the RFI regarding caregiver support, I noticed that it was a requirement to conduct outreach activities within diverse communities. Perhaps it should be a requirement in all RFIs.</p> | <p><u>Response:</u> New Objective: ADS will add a requirement to conduct outreach activities within diverse communities in all Requests for Investments (RFIs).</p> |
| | <p>Washington Connections – Will people be able to print applications for assistance if they are unable to complete them on-line, or can requested forms be mailed?</p> | <p>People who prefer to apply for the Department of Social and Health Services (DSHS) benefits using a paper application can download it from the Washington Connection website. These applications will also be available at local community service offices.</p> |

Advisory Council on Aging and Disability Services

Creating choices for elders and adults with disabilities in Seattle-King County

Mailing Address: PO Box 34215, Seattle, WA 98124-4215

Office Address: Seattle Municipal Tower, 700 5th Ave, 51st Floor

Tel: 206-684-0660 TTY: 206-684-0274 FAX: 206-684-0689

www.adsadvisorycouncil.org

August 25, 2011

Attachment III

To: ADS Sponsors
From: Art Mussman, Chair
Planning & Allocations Committee
Subject: Public Hearing Summary for the
2012-2015 Draft Area Plan

The public review and comment period for the 2012-2015 Draft Area Plan, and the 2012 Discretionary Allocation Recommendations ended on August 10. Three public hearings were held on August 4, 8 and 9, in Kent, Seattle and Bellevue. A total of 20 older adults, community members and providers were in attendance representing the following groups and organizations:

- Advisory Council on Aging and Disability Services
- Bellevue Human Services
- Bellevue Network on Aging
- Catholic Community Services
- King County Department of Community & Human Services
- Refugee Women's Alliance
- SeaMar Community Health
- Senior Services of Seattle/King County

The Advisory Council reviewed the public comments (see attached Public Comment Summary) and recommends a revision to one objective and adding two new objectives to the 2012-2015 Area Plan objectives:

Improving Health and Well Being

29. Work with local food banks and East African Community groups to increase capacity to provide **healthy** culturally appropriate foods for East African elders in need. **(Revised)**

Promote Aging Readiness

51. Coordinate at least one joint meeting a year involving advocacy groups and the ADS Advisory Council with a focus on East urban older adults and people with disabilities. **(New)**

In association with the Area Agency on Aging for Seattle-King County and sponsored by:

Co-Sponsored by:



City of Seattle



United Way of King County



King County

Memo to ADS Sponsors
August 25, 2011
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Promote Aging Readiness

52. ADS will add a requirement to conduct outreach activities within diverse communities in all Requests for Investments (RFIs). **(New)**

Action requested

The Advisory Council requests the Sponsor's adoption of the above revisions to the proposed 2012-2015 Area Plan objectives.

Advisory Council on Aging and Disability Services

Creating choices for elders and adults with disabilities in Seattle-King County

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August 25, 2011

Attachment IV

To: ADS Sponsors
From: Art Mussman, Chair
Planning & Allocations Committee
Subject: 2012 Draft Discretionary Allocation Recommendations

2012 Allocation Recommendations

Following the review of comments received at the public hearings, the Advisory Council recommends adoption of the 2012 Discretionary Allocation Recommendations with no change. Presented below are the recommended strategies for allocating 2012 discretionary funds:

- 1) Reduce Home Health Maintenance (\$18,000 reduction).
- 2) Reduce Client Specific Fund if needed to balance discretionary budget
- 3) Should a net increase in discretionary funding occur (possibly due to increased revenue in Older Americans Act, or actual carry-over from 2010 exceeding the budgeted amount):
 - ADS staff may allocate up to \$50,000 to one or more programs in the Access Service category which includes Case Management, Transportation, and Information and Assistance.
 - In making the funding decisions, staff will consider trends in client demographics, community needs, and agency performance.

Action requested

The Advisory Council requests the Sponsor's adoption of the 2012 Discretionary Allocation Recommendations listed above.

In association with the Area Agency on Aging for Seattle-King County and sponsored by:

Co-Sponsored by:



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