

**2011 ADS  
On-Line Questionnaire Results  
and  
Preliminary Objectives**

**Presented to the Advisory Council**

**June 10, 2011**

# Area Plan on Aging

- ▶ Will guide ADS work from 2012 - 2015
- ▶ Based on community input process.
- ▶ Highlights goals for older adults and people with disabilities
- ▶ Summarizes annual budget of \$61 million in federal, state and local resources
- ▶ Updated every two years



Area Plan on Aging  
*Seattle & King County*

# Area Plan Input

---

- ▶ Planning & Allocations Committee members conducted Community Conversations at Ethnic Meal Sites throughout King County (March to May)
- ▶ On-line Questionnaire (March to May more than **330** completed on-line) launched through Seniors Digest
- ▶ Over **100** completed questionnaires mailed in
- ▶ ADS Staff Input
- ▶ Home Care Director's
- ▶ Healthy Aging Partnership
- ▶ Seniors Digest and Seattle Gay News Article



# Community Conversations with 173 at:

---

**Chinese Meal Site**

**Ukrainian Meal Site**

**Latino Meal Sites**

**Somali Meal Site**

**Eritrean/Ethiopian  
Meal Site**

**United Indians of  
All Tribes**

---



# Themes from Ethnic Meal Sites

---

- ▶ English is a major barrier
- ▶ Concerns re health care (coverage and expense)
- ▶ Housing – Many live with adult children and take care of their grandchildren; Many expressed that they don't like having to rely on adult children
- ▶ More opportunity for socialization
- ▶ Transportation for fieldtrips/outings
- ▶ Food & Nutrition – Most purchase food from grocery store; many Ukrainians use food banks; but food banks lack cultural foods for East Africans



# Questionnaire Responses

---

- ▶ **77%** Women; **23%** Men
- ▶ **41%** <60; **47%** age 60 to 74; **12%** >75+
- ▶ **25%** - Identified as caregivers
- ▶ **35%** - SW Seattle
- ▶ **30%** - North Seattle
- ▶ **21%** - Central Seattle
- ▶ **8%** - East King Co.
- ▶ **5%** - SE King Co.



# Questionnaire Responses

---

## Housing Arrangements

- ▶ 49% - Living with spouse or partner
- ▶ 38% - Living alone
- ▶ 8% - Living with adult children or family other member (brother, sister, cousin, etc.)
- ▶ 8% - Other (Assisted Living facilities or Continuing Care Retirement Communities)



# Questionnaire Responses

---

## **Top Three Needs:**

### **Older Adults**

- ▶ Affordable Health Care
- ▶ Income & Finances
- ▶ Housing

### **Adults w/Disabilities**

- ▶ Transportation/Mobility
  - ▶ Affordable Health Care
  - ▶ Housing
- 



# Questionnaire Responses

---

How do you get information about aging program/services?

1. Internet (blogs, listserv, AARP) – 48%
  2. Senior Centers; Mayor's Office for Senior Citizens – 42%
  3. Television – 39%
  4. Church and/or Community Bulletins – 36%
- 



# Questionnaire Responses

---

## Activities of interest

1. Volunteerism – 54%
2. Exercise programs – 52%
3. Educational programs – 47%
4. Arts programs – 39%



# Questionnaire Responses

---

## Concerns about walking in your neighborhood?

1. Poor sidewalks
2. Personal safety
3. Physical ability
4. Other:
  - ▶ Distance
  - ▶ Too many hills
  - ▶ Traffic
  - ▶ Construction



## What would make it better?

1. Neighborhood center or gathering place
2. Improved bus routes
3. Better lighting



# Next Steps for Area Plan Development

---

## July

- ▶ AC Final review before - forwards to Sponsors
- ▶ Sponsors approve for public review
- ▶ Public review (July 24 - August 12); 3 public hearings throughout King County

## August

- ▶ P&A reviews public comment and adjusts as necessary
- ▶ Forwards to Sponsors for final review and approval

## September

- ▶ Sponsors final review and approval

## October

- ▶ Due to the State Unit on Aging October 3, 2011

# Area Plan Goal Areas

---

- ▶ Addressing Basic Needs
  - ▶ Improving Health and Well-Being
  - ▶ Promoting Aging Readiness
  - ▶ Increasing Independence for Frail older Adults and People with Disabilities
- 



# Questions for Small Group Discussions

---

1. Based on the top needs identified from the Community Conversations and the on-line questionnaire, what additional objectives should be included in the Area Plan?
2. From your review of the proposed draft objectives, were there any issues or trends are not addressed that should be?

