

Letting Grow

Affirming the Grief Within

Letting Grow is a grief and loss support group for people with a developmental disability that meets 6 times a year.



Come join us as we use art, ritual, poetry and music to explore our feelings and life experiences related to change, loss and grief. We will share our experiences and support one another as we identify our strengths and sources of support.

When: Saturdays, 1:30—3:30 p.m.

2010 meeting dates: January 23, March 20,
May 15; July 17; September 18, November 6

Where: Providence Hospice of Seattle

425 Pontius Ave. N., Seattle, 98109

For more information or to RSVP, please call Clarice Redmond at 206-320-7157. This group is offered at no charge to attendees.

Donations are gratefully accepted.

